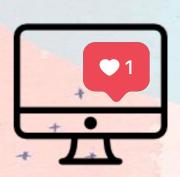


## ICT CONNECT

@ Cove

## BE A CYBER BUDDY!

Sept 2019



Don't be
MEAN
behind the
SCREEN.

BEFORE YOU POST...

Is it... rue?

Is it... Hurtful?

Is it... Illegal?

Is it... Necessary?

Is it... Kind?



## How can parents help?

- Participate in the digital world with your child
- Role model good digital habits
- Establish ground rules for your child's Internet use
- Be informed and aware of cyber trends and issues
- Have open discussions with your child

Try the C-Quest Game to promote conversations between you and your children on Cyber Wellness.

You can access the game with a desktop browser.

C-Quest Game







Someone posted hurtful comments about me. What should I do?



Ignore. Don't reply to any nasty messages you receive.

Keep the messages as evidence...

Change the privacy settings.

Report the incident to the service provider to remove any hurtful content.

Block the sender.

Tell a trusted adult who can help or call a helpline.



Social media platforms require users to be above a minimum age before they can sign up for an account.

The minimum age to sign up for the following platforms is:



13 YEARS OLD



13 YEARS OLD



16 YEARS OLD



13 YEARS OLD

(with parental permission)

Encourage your children to learn on SLS instead!

## LEARNING SPACE

- Huge variety of interactive resources such as videos, animations, simulations, games and quizzes.
- Pupils are able to share their views with their peers.

