



ICT CONNECT

@ Cove

October 2021

enjoying
IT together

STAY IN TOUCH
WITH DIGITAL
TECHNOLOGY



<http://www.froddo.com/embracing-the-online-world-5-ways-technology-benefits-the-family-life>

EMBRACING A DIGITAL LIFESTYLE TOGETHER

The **Digital for Life** movement aims to galvanise the community to help Singaporeans embrace digital as a lifelong pursuit, and to enrich their lives.

Participate in #DigitalForLife with your friends and family today!

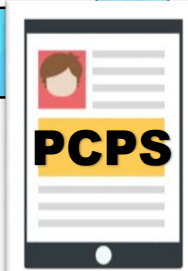


Find out more about the events lined up for you.

EDUCATION
TECHNOLOGY AND
E-LEARNING



How to get the most out of HBL?



MENTAL AND SOCIAL DEVELOPMENT

Different ministries collaborated to create mindline.sg, a “one-stop shop” for people to seek mental health support from the privacy of their homes.



ENTERTAINMENT AND FAMILY TIME



MOE has launched a parenting-focused Instagram account, [@parentingwith.moesg](https://www.instagram.com/parentingwith.moesg) to engage and partner parents.

YouTube Video:
Screen-time and your child's development: Finding the Right Balance,
contributed by Dr Jared Ng



Click or scan the QR code to access the resources.