



Ref No: PCPS 2023/110b

24 May 2023

Dear Parents/ Guardians,

COMMENCEMENT OF PRIMARY 5 SWMSAFER 2.0 PROGRAMME 2023 (FOR 5A, 5E, 5D, 5J & 5R ONLY)

1. The SwimSafer 2.0 Programme for P5 students will commence on Friday, 30 June 2023.
2. Teachers will accompany the classes to the swimming complexes. Details of the programme are as follows:

Session	Date	Day	Time	Venue
1	30 Jun 2023	Friday	2.00 p.m. – 4.40 p.m.	Sengkang Swimming Complex
2	7 Jul 2023			
3	14 Jul 2023			
4	21 Jul 2023			
5	4 Aug 2023			
6	16 Oct 2023	Monday	12.30 p.m. – 3.10 p.m.	Yio Chu Kang Swimming Complex
7	17 Oct 2023	Tuesday	12.30 p.m. – 3.10 p.m.	Sengkang Swimming Complex
8	18 Oct 2023	Wednesday		

3. For **sessions 1 to 5**, students will be given a lunch break from 1.30 p.m. to 2.00 p.m. before leaving for their swimming lessons. They will be dismissed from school at about 4.40 p.m.
4. **Sessions 6 to 8** will be conducted during the PSLE marking exercise days. Students will report to school at 12.30 p.m. and will be dismissed from school at about 3.10 p.m.
5. Please make the necessary transport arrangement for your child/ ward to go home if you have given consent earlier for him/ her to participate in this programme when the letter was first sent out on 24 March 2023.
6. The programme fee is fully funded by the school.
7. **Items to bring for Swimming Lessons (to be packed inside a small bag)**
 - a) Swimming trunks/costume
 - b) Goggles
 - c) Towel
 - d) Water bottle
 - e) Raincoat/poncho
 - f) Inhaler (for students with asthma)
 - g) Sunblock lotion/ cream
 - h) Slippers
 - i) A plastic bag (to contain the wet items after the swimming lesson)
 - j) Mask & container/resealable plastic bag

Please ensure that your child's/ ward's personal belongings (including all swimming gear and PE attire) are labelled clearly with his/her name and class. You may want to use a waterproof or permanent marker to do this.

8. **Instructions for Swimming Lessons**

- a) Please ensure that your child has proper swimming trunks/ costumes and goggles.
- b) Students will change into their swimming trunks/ costumes during lunchtime. They will then wear their school P.E. attire over the swimming attire.
- c) For sessions 6 – 8, your child/ ward should report to school in their school P.E. attire over their swimming attire.
- d) After the swimming lessons, students will have a quick rinse and change back into their P.E. attire at the swimming pool.
- e) To ensure the safety of every student, we strongly urge you to remind your child/ ward on the following safety precautions:

- Students should wear proper swimming trunks/costumes.
- Listen and follow instructions from swimming instructors and teachers.
- No student should leave the pool without permission.
- Running alongside the pool deck is not allowed.
- Pushing friends into the pool is not allowed.
- No student should be allowed in the water until permission is granted by the swimming instructors.
- Students should not swim if they have any foot or skin infection.
- Students should not swim if they are unwell.

9. Should you have any queries, feel free to contact Mdm Lynn Lee, our SwimSafer Teacher Coordinator, at Tel: 63857339 or via email at lynn_lee_wen_lin@schools.gov.sg.

Thank you.

Yours sincerely,



Mrs Teo Whye Choo
Principal